



BNL "Baja Peninsula Virtual Swim" 2013

We begin in Northern Costa Rica and travel up the west coast of Central America to the resort town of Cabo San Lucas, Mexico on the tip of the Baja Peninsula. Total mileage is 1900. The swim will run for three months, from January 1 to March 31st. With a celebration upon completion!

Week 1 Start Playa Longosta, Costa Rica

<u>Date</u>	<u>Total Miles Completed</u>	<u># of Participants</u>	<u>Approx. City/local</u>
01/04/13	131	62	Pochomil, Nicaragua
01/12/13	278	92	San Miguel, El Salvador
01/19/13	433	106	Port of San Jose, Guatemala

Individual and group lengths will be totaled periodically, then converted to miles and tracked on the BNL "Virtual" Swim Map. (53 pool lengths = 1 mile)

